

Feed people, not landfills

Barb Goode K-State Pollution Prevention Institute June 26, 2018 – Sixth National Rural Grocery Summit





Mission: promote sustainability through environmental education and services to industry, institutions and communities. These services include environmental compliance and pollution prevention technical assistance.

PPI is 100% grant supported



Overview

- The food waste problem
- The EPA food recovery hierarchy
- Feed people, not landfills
- PPI food recovery projects





The Food Waste Problem



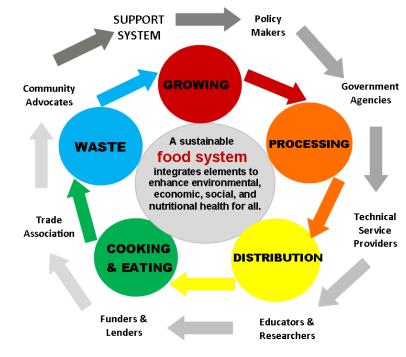




Food production and resource use

- Getting food from the farm to your plate uses
 - 16% of U.S. energy,
 - 50% of U.S. **land**, and
 - 67% of all **freshwater** used in the U.S.

Yet, 40% goes uneaten!





Source: NRDC, WASTED: HOW AMERICA IS LOSING UP TO 40 PERCENT OF ITS FOOD FROM FARM TO FORK TO LANDFILL, 2017 www.nrdc.org





MORE THAN JUST FOOD

THE U.S. WASTES TONS OF RESOURCES WHEN WE WASTE FOOD

CALORIES PER PERSON PER DAY

19% OF ALL U.S. CROPLANDS THAT IS MORE

LAND THAN ALL

OF NEW MEXICO

21% OF U.S. LANDFILL

18% OF ALL FARMING FERTILIZER WHICH CONTAINS 3.9 BILLION POUNDS **OF NUTRIENTS**

\$218,000,000,000

THE NO. 1 CONTRIBUTOR BY WEIGHT

WHICH IS EQUAL TO 1.3% OF THE U.S. GROSS DOMESTIC PRODUCT (GDP)



37 MILLION PASSENGER VEHICLES' WORTH



MORE THAN: TEXAS + CALIFORNIA + OHIO



Source: NRDC, WASTED: HOW AMERICA IS LOSING UP TO 40 PERCENT OF ITS FOOD FROM FARM TO FORK TO LANDFILL, 2017 www.nrdc.org





Each apple that's thrown away uses enough water to flush a toilet seven times.

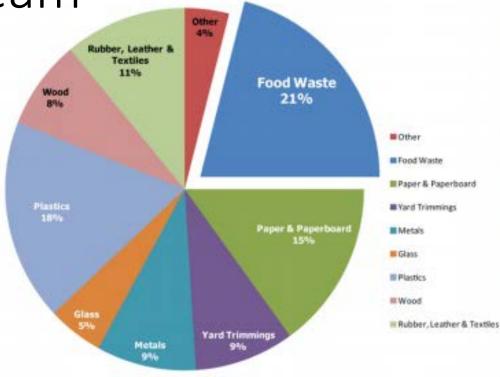
Source: Waste. 2013. UNEP (Video)

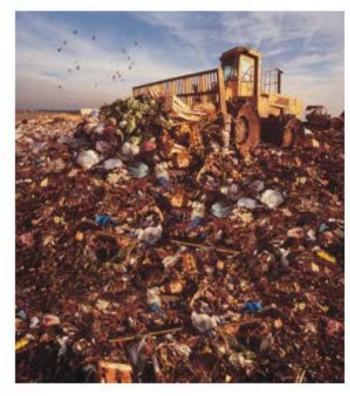




Food accounts for 21% of the American

waste stream







Source: EPA Food: Too Good to Waste Implementation Guide and Toolkit



U.S. Annual Household Food Waste

76 billion pounds =

238 pounds food/person/yr

\$450/person/yr =

\$1,800/yr for a household of four



Bill Marsh and Kari Haskell/The New York Times; Photograph by Tony Cenicola/The New York Times

One month waste for family of 4



Source: ReFED A Roadmap to Reduce US Food Waste by 20 Percent, (2016) www.refed.com.



What gets lost in retail?





What gets lost in retail?

- Baked goods
- Produce
- Meat
- Seafood
- Ready-made foods





Source: ReFED Retail Food Waste Action Guide, 2018



Reasons for Retail Level Losses

 What are reasons food gets wasted at rural grocery stores?







Reasons for Retail Level Losses

- Dented cans
- Damaged packaging
- Unpurchased holiday foods
- Spillages
- Bruising
- Improper storage

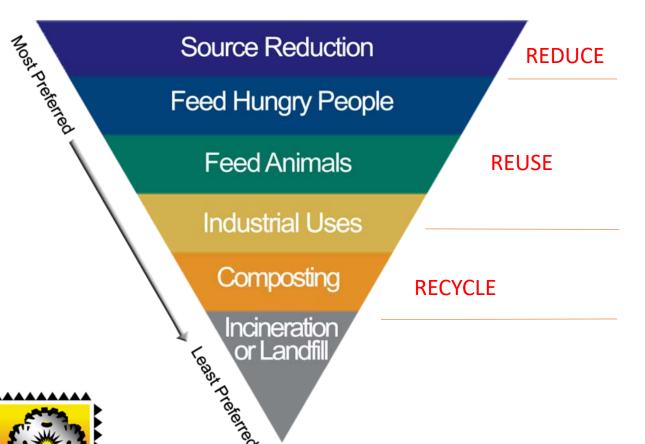
- Inadequate storage
- Overstocking
- Blemished/oddly-shaped produce





Food waste reduction opportunities

Food Recovery Hierarchy



Up to 40% food in US is never eaten → \$218 billion/year → wasted resources

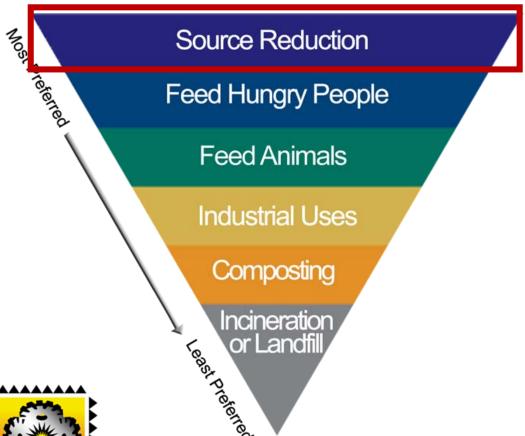
1 in 8 Americans (42 million) struggles to put enough food on the table

In 2015 – USDA and EPA joint goal to reduce food waste 50 percent by 2030



Source Reduction

Food Recovery Hierarchy



- Food waste baseline assessment
 - Estimate amount and types of food wasted
 - Identify root causes for food waste
 - Determine what portion was edible

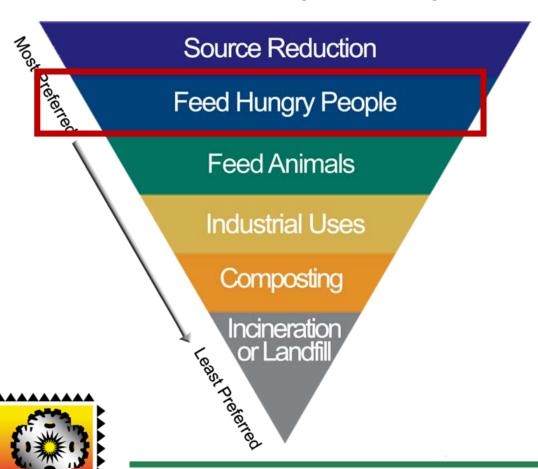
Barrier to preventing wasted food is lack of standardized food date labels





Feed Hungry People

Food Recovery Hierarchy



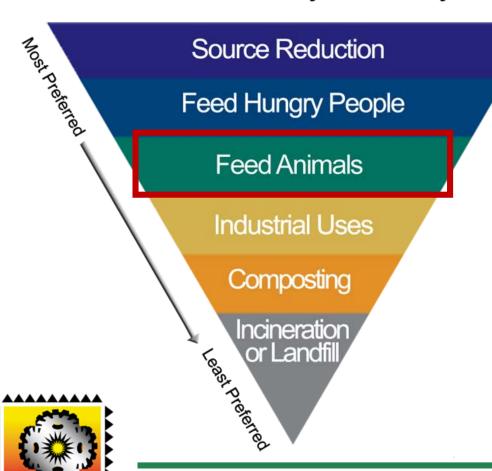
• 1 in 8 Americans (42 million) struggles to put enough food on the table - food insecure

- Donate surplus food to—
 - Food banks
 - Shelters
 - Soup kitchens
- Barriers
 - Transportation
 - "Liability"



Feed Animals

Food Recovery Hierarchy



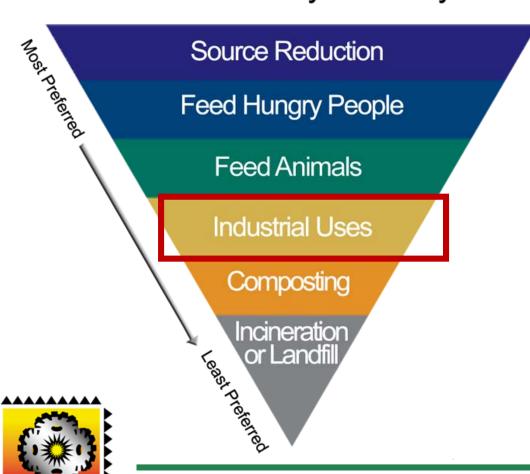
- Provide to area farms and zoos
 - Vegetable trimmings
 - Post-consumer plate waste

- Barriers
 - Some states ban food donation for animal feed
 - Strict diets in corporate operations



Industrial Uses

Food Recovery Hierarchy

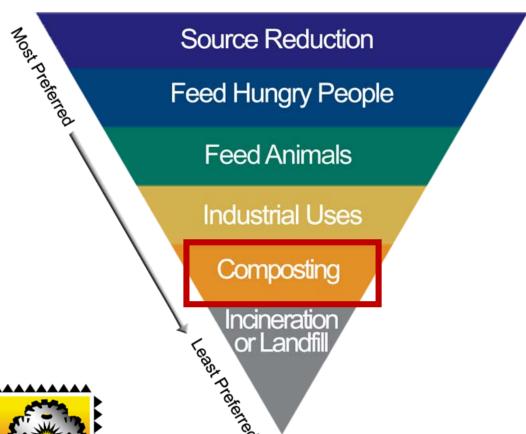


- Anaerobic digestion for energy recovery
- Biofuels from waste oils



Composting

Food Recovery Hierarchy



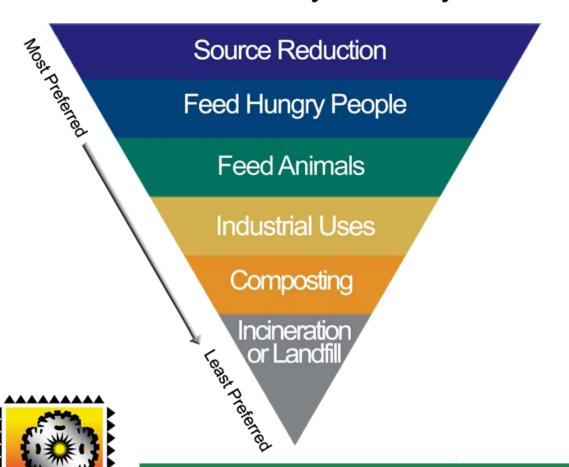
- Create a nutrient-rich soil amendment
- Barrier
 - Lack of commercial composting facilities





Landfilling

Food Recovery Hierarchy



Last resort!



Divert Food Waste from Landfill to People





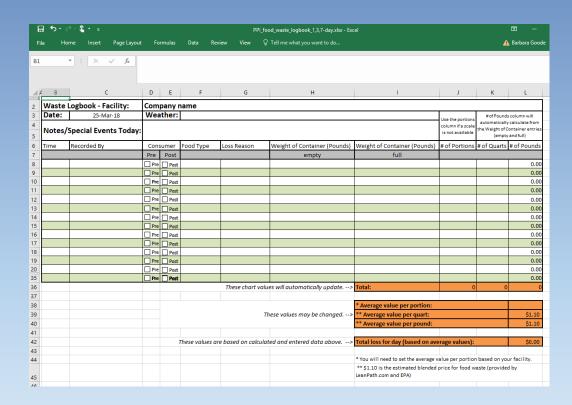
Food Waste Assessment

- Estimate amount and types of food wasted
 - What portion was edible?
 - What portion could go to animals?
 - Is there an anaerobic digester or composting opportunity?
- Identify root causes for food waste
- Set reduction goals (focus on meat and dairy)
- Adopt best practices

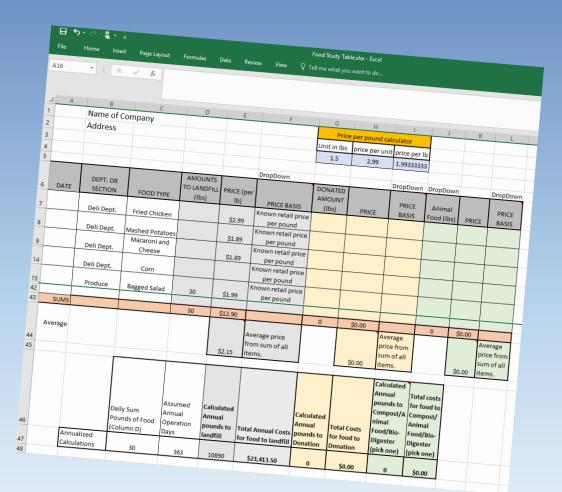




Tools to track food waste









Best practices

- Discount imperfect produce and older, slightly damaged items
- Adopt improved inventory management systems
- Use spoilage prevention packaging (e.g., vacuum-packing)
- Allow prepared foods to sell out near closing time (don't replenish)

- Collaborate with retailers and manufacturers to standardize date labeling
- Offer meal kits
- Increase donations to those in need
- Continually train staff

Source: ReFED a roadmap to reduce u.s. food waste by 20 percent





Food Recovery Opportunities

- Field gleaning
- Perishable produce rescue/salvage
- Perishable and prepared food rescue
- Nonperishable processed food collection



Source: USDA., A Citizen's Guide to Food Recovery (1999).





Good Samaritan Food Donation Act





Food Donation Liability in Kansas

A Guide for Donors and Distributors

Many families in the United States, and in Kansas, struggle with h nutritious food (this is known as "food insecurity"). In Kansas, it i Kansans representing 183,000 households, or almost one out of every at least once in 2013.1 Meanwhile, studies show that each year, m food,2 or forty percent of food goes uneaten in the United States.3 in need diverts unused food from landfills⁴ and assists in reducing h

The purpose of this fact sheet is to explain the laws governing food donation in Kansas. Readers are encouraged to use this document in tandem with another Public Health Law Center resource on the national food donation law, Liability Protection for Food Donation, for additional information about the federal food donation law.

Why don't more people donate food?

Potential food donors may be reluctant to donate unused food to the needy for a variety of reasons. Some may fear liability for an illness or injury caused by someone eating the donated food⁵ or



This fact sheet is funded by the Kansas Health Foundation to increase access to and consumption of healthy food in Kansas.



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on food donation in Kansas.

The Legal Guide to the Bill Emerson Good Samaritan Food Donation Act

By James Haley August 8, 2013 - 2013 Ark. L. Notes 1448 In categories: Administrative Law, Agricultural Law, Environmental Law, Extended Article, Food Law, Health Law, Practice Tips, Students

James Haley

University of Arkansas School of Law Sponsored by the Women's Giving Circle, University of Arkansas

Introduction

P Food waste and food insecurity are both very real and very large problems in the United States. Nonprofit organizations have identified and have a superior to the contribution of the

EBill Emerson Good Samaritan Food Donation Act

or receive donated food are generally well-protected by laws designed to food donations. The Bill Emerson Good Samaritan Food Donation Act a cour unnations. The bill contension Good Sansantan Food Dunation Acc seline of protection for food donors. The Emerson Act covers individuals officers of businesses and nonprofit organizations, and gleaners aral crops for a nonprofit organization that distributes the food to the

ng as the following criteria are met

must donate to a nonprofit organization that distributes the donated must consist to a numerous organization that visit mouses the consistency is donations from the donor to needy individuals are not protected by

ust donate qualifying foods, unless specific reconditioning steps have A donate qualifying foods, unless specific reconditioning steps have hose that meet "all quality and labeling standards imposed by Federal, even if they are not "readily marketable due to appearance, age, and they are not seem to be a seem of the A, even is usey are inc. Teasing this heating one or appearance ago ther conditions. The State and local quality and labeling laws vary, and nent specific to their state or locality since the Emerson Act does not empliance with those laws.**

se Food: If a food does not meet all applicable federal, state, and local Il be protected by the Emerson Act as long as (s)he follows all of the

the nonprofit of the nonconforming nature of the product* s to recondition the item so that it is compliant." and the standards for reconditioning the item.

ecipients cannot pay anything of monetary value for the donated economic cannot pay anything of mometary value for the donated tes food to another nonprofit for distribution, the Act allows the nonprofit a nominal fee to cover handling and processing costs.**

by the Emerson Act: So long as the above criteria are met, id does not hold a donor liable unless the donor acts with gross

nd conscious conduct (including a failure to act)" by a person or nu conscious comunic functioning a main to a many by a pro sound to make that the donated food was likely to have harmful

Administrational Misconduct is when a person or organization donates "with knowledge . . . that the conduct is harmful to the health or well-being of another person."

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In other words, one should not donate or facilitate the distribution of donated food that one knows is likely to be in other words, one should not donate or lacilitate the distribution of donated food that one knows is likely to be harmful or dangerous. Unfortunately, the Act gives little guidance on what activities qualify as gross negligence on the food of the contractions of t harmful or dangerous. Unfortunately, the Act gives little guidance on what activities qualify as gross negligence or intentional misconduct. The House of Representatives Report associated with the Emerson Act has indicated that each case must be analyzed individually. ** The lack of court cases interpreting the Emerson Act suggests how protective the Act is of donors; research does not turn up a single case related to food donation liability. **

In addition to federal liability protections, states are free to enact state level liability protections that are more protective of food donors than the federal Emerson Act.

Source of middle article:

http://media.law.uark.edu/arklawnotes/2013/08/08/the-legal-guide-to-the-bill-emerson-good-samaritan-food-donation-act/ University of Arkansas School of Law – James Haley, Aug 8, 2013





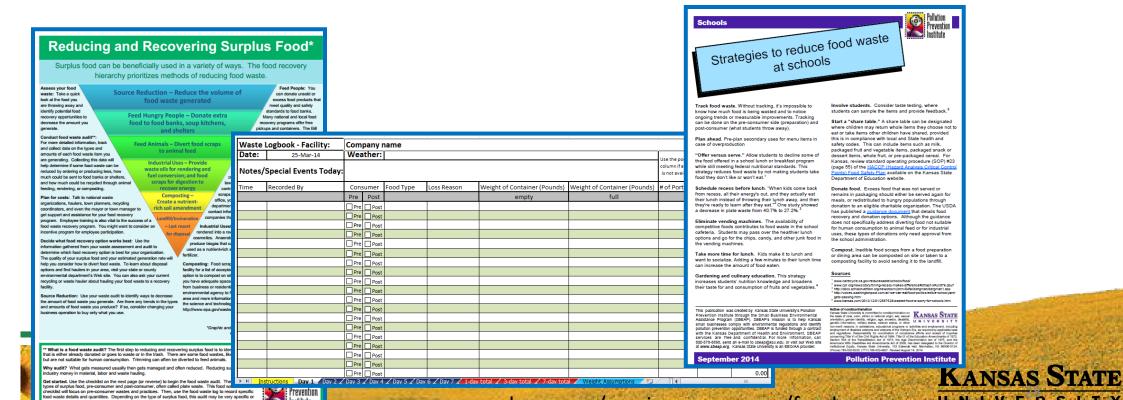
PPI Food Recovery Projects





USDA project (2013)

- Worked with nine schools, institutions, and businesses
- Focus area was SE Kansas (worked w/ several throughout state)
- Developed resources to assist in food waste-reduction efforts



www.sbeap.org/services-programs/food-recovery UNIVERSITY



Kansas Health Foundation projects (2013-14)

Title: FRC feeds Sedgwick County Hungry

Project: Work with Sedgwick County grocery chains to reduce food waste and identify excess food that can be donated to programs that feed the hungry.













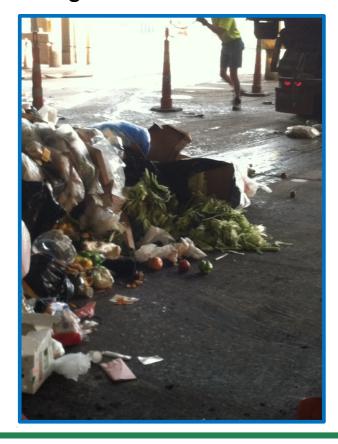


Transfer station June 2013



Large amounts of produce found in trash







Approximately 30% of waste was organics





Opportunities

PRODUCE

Reduce soup options from four to two

- 50% reduction for 6 months -1,460 lb./yrs.
- Implemented immediately



Recommended all trimmings and excess be diverted to Quest.

BAKERY





Increased donations to the Kansas Food Bank by 87%!!

DELI

Baked and BBQ Baked Chicken

- Recommended reduce production by 50%
- Not eligible for KFB or Quest
- If implemented, 4 tons of waste reduced





DAIRY

First Week's Food **Donations to Kansas** Food Bank: 26 crates of milk – 111 gallons!





Case studies

2014 Case Study

Dillons Food Stores

Intern: Bintou Bayo

Major: Engineering Technology School: Wichita State University



Company background Dillons is a chain of grocery supermarkets owned and operated by the Kroger Company, an American retailer based in Cincinnati, Ohio. The Kroger Company owns more than 3,700 stores nationwide. In Kansas, Kroger operates more than 50 stores under the Dillons Division, in addition to two distribution centers.

An estimated 50 million Americans are food-insecure, yet food waste makes up the largest percentage (21%) of waste sent to the landfills. In an effort to address this issue, Dillons partnered with the Kansas State University Pollution Prevention Institute (PPI) for a second year, hosting a food-recovery intern. In 2013, Dillons implemented source-reduction recommendations across most stores, reducing production of bolilo rolls and rotisserie chicken, and increasing donations to the Kansas Food Bank (KFB). In late 2013, Dillons began contracting with Quest, a service that diverts food trimmings and wastes to animal feed programs.

The 2014 intern was assigned to work with two different stores in the Wichita area, studying and identifying sourcereduction and food redistribution opportunities. Through waste assessments, observations, and interviewing store associates, the intern was able to identify the following:

- → Source reduction opportunities for the deli, bakery, and produce departments of both stores;
- → A 95% increase in food donations to the Kansas Food Bank (KFB) from all perishable food departments; and
- Increased food trim and waste diversion from produce departments to Quest, an animal feed program.

Dillons implemented some of the 2014 intern's recommendations immediately, and the estimated annual environmental impact and cost savings can be found in a

Locally, Dillons stores are just as committed to reducing environmental impacts, especially in the area of food waste. In recent years, management has executed several pollution prevention (P2) initiatives to source reduce, feed hungry families, and divert food waste to animal feed. Source-reduction opportunities identified by the 2013 intern reduced over production and saved Dillons approximately \$50,000 at just two stores. In 2014, Dillons wanted to continue the food recovery work, with a goal to reduce excess food at the source and redistribute what could not be reduced, to hungry populations or animals.

Projects reviewed for P2 potential

The hot case at the deli in both stores was the area with the highest source-reduction opportunity. The intern identified possible areas of reduction with the BBQ baked chicken, baked chicken, and small sides.

The intern's audit revealed that more BBQ chicken was being discarded than sold. Chicken and a few other deli products are not eligible for redistribution to the KFB or Quest, so excess is landfilled. Reducing the production of BBQ baked chicken by 50% and baked chicken by 25% could prevent landfilling approximately 0.9 tons, saving the department \$5,800 annually.

Small sides at Dillons' deli have a shelf life of eight hours. The intern calculated that more small sides are discarded than sold. It was recommended the deli adjust the packaging time, reducing waste at the source. By delaying the initial packaging time by two hours, approximately 1.4 tons of waste would be avoided. Based on the sales price of these sides, Dillons could save about \$5,600 annually. The recommendation was implemented quickly.

The produce department was responsible for the largest portion of weight going to the landfill, generated through produce trimmings and food that was not

2013 Case Study

Dillons

Intern: Kara Hall Major: Civil Engineering

School: University of Kansas

Wichita, Kansas



Company background

Dillons is a grocery chain owned and operated under Kroger, a national company based in Cincinnati, Ohio. The company operates 2,424 grocery retail stores, 791 convenience stores, and 348 jewelry stores in 31 states. Kroger employs 343,000 associates nationwide in its stores as well as 34 distribution centers, and 37 food processing plants. The Dillons division operates 88 stores in the Midwest region, 66 of which are located in communities across Kansas. Dillons strives to provide their customers with the freshest and highest quality products in its stores.

Project background

The objective of the summer 2013 internship was to reduce the amount of excess food and food-related product being sent to the landfill from two stores in Wichita. Through observation, data collection, and analysis areas of opportunity for both source reduction and food diversion were identified in each

Incentives to change

and food diversion, they partnered with K-State's pollution prevention (P2) intern program to host a program titled "Food Recovery Challenge Feeds Sedgwick County Hungry." The project was modeled after The Food Recovery Challenge (FRC), a national EPA program aimed at reducing the amount of food being sent to landfills. Although the Wichita Dillons stores have not formally joined FRC, their parent

Projects reviewed for P2 potential

Bakery

In the bakery departments, two sources of excess product were identified. In both stores, bulk case donuts that did not sell were being thrown away, creating large amounts of product being sent to the landfill. It was recommended the donuts in the bulk case be boxed up at night rather than left out, making them eligible to be sold at marked down prices. This process extended the opportunity for sales and made the product eligible for donation.

In both stores studied, bolilo rolls were produced in quantities to meet Dillons production standards; however, in one store approximately 40 percent of the bolilo rolls did not sell and were then donated. It According to the EPA, "In 2011 alone, more than 36 adjusting their production numbers and times. This was recommended that the store reduced this loss by million tons of food waste were generated, with only allowed the store to produce bolilos on demand.



http://www.sbeap.org/intern-program/past-summaries

Summary of 2013 intern recommendations for Dillons

Project description	Annual estimated environmental impact	Annual estimated cost savings	Status
Grocery	2.7 tons	\$2,058	Planned
Produce	36 tons	\$2,863	Implemented
Bakery			
Bolilo Rolls	2.5 tons	\$14,202	Implemented
Donuts	2.1 tons	\$9,079	Partially Implemented
Deli	5.4 tons.	\$29,955	Recommended
Total savings *	48.7 tons	\$58,157	
GHG reductions *	33 metric tons CO2e		

Summary of 2014 P2 intern recommendations for Dillons Food Stores

2013 P2 Intern Results

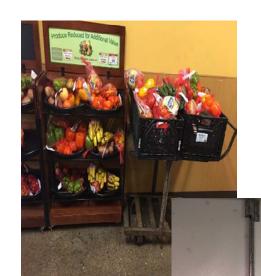
2014 P2 Intern Results



Project description	environmental impact	cost savings	Status
Deli BBQ baked chicken	0.5 tons	\$3,500	Recommended
Deli baked chicken	0.4 tons	\$2,300	Recommended
Deli small sides	1.4 tons	\$6,000	Implemented
Produce	26.6 tons	\$14,000	Implemented
Bakery	12.8 tons	\$1,000	Implemented
Water	1,300,000 gal	\$7,000	Implemented
Total savings	41.7 tons waste diverted 1.3 million gallons of water saved	\$33,800	
GHG reductions *	67.2 metric tons CO2e (MTCO₂E)		



Feed People, Not Landfills (2017)









Venkatesan (Venki) Gunasekaran, WSU industrial engineering

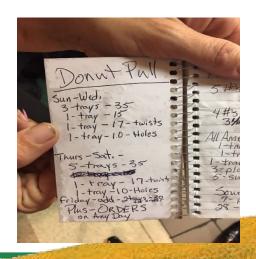


2017 retail grocery findings: small chains

Small chain -

- Worked with two store.
- Both stores used mark downs for produce, then collected for local farmer to use for animal feed (about 9.1 tons/year)
- Excess bakery items go to trash, not aware of KFB option (2.4 tons/year)
- Kept hand-written logs of excess food









2017 retail grocery findings: large chains

Larger chain - behavior change needed

- Large chain has the resources and infrastructure in place
- Top management training and support needed to make progress





- Two projects
 - KDHE/CDC grant
 - Lawrence Douglas County Health Department grant
- Goal is to:
 - Identify resources for food diversion,
 - Identify best practices,
 - Recommend change, and
 - Develop guidance for future technical assistance with sources in food waste management





CDC/KDHE grant

- Shawnee and Wyandotte counties (Topeka and Kansas City, KS)
 - High rates of food and health disparity as well as food deserts
 - Target up to 20 industrial, commercial and institutional facilities
 - Food recovery focusing on source reduction and diversion to hungry populations and animals.
 - Began Oct. 2017. Final report due July 15, 2018





CDC/KDHE grant

- 18 partnerships secured for research and technical assistance.
 - K-12 schools (public and private) 5
 - Grocers 5
 - Workplace cafeterias 2
 - Hotels/convention center 1
 - Hospitals/ Skilled nursing facility 4
 - University 1
- Feeding America's MealConnect app for mobile and desktop -
 - Harvesters and their agency partners
 - Kansas Food Bank and their agency partners





- CDC/KDHE grant
 - Early numbers: data finalization in progress

Source Type	Estimated annual tons of food that could be diverted from the landfill	Estimated annual environmental impact	Estimated annual economic impact
K-12 schools	21	12 metric tons CO ₂ e	\$7,047
Grocers	51	27 metric tons CO ₂ e	\$343,932
Workplace cafeterias	0.7	0.3 metric tons CO ₂ e	\$8,444
Hotels/convention center	3.4	1.8 metric tons CO ₂ e	\$11,036
Hospital/skilled nursing facility	78.9	30.6 metric tons CO ₂ e	\$208,872
University	14.2	8 metric tons CO ₂ e	\$24,816

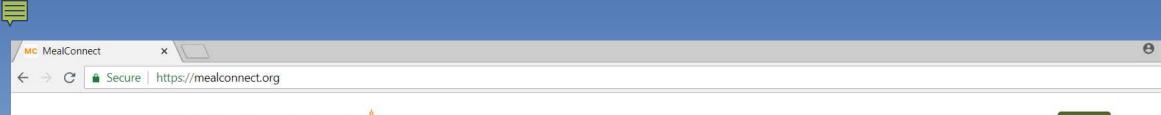


Lawrence -Douglas County Health Department funding

- Began Oct. 2017. Report due June 30
 - 6 public schools
 - 1 university
 - Data still under review
 - Food recovery guidance for public schools and universities in review for publication on the PPI website, <u>www.sbeap.org</u>







MealConnect AMERICA HOME > PARTNERS > ABOUT > FAQ

LOGIN





Start Now



FREE







MealConnect PPI partnership

- Several Apps researched by PPI team for Kansas fit
- PPI research found this App best fit
 - Stable funding through Google and other national partners
 - Feeding America network has established food safety and admin standards
- PPI will assist with App rollout
 - Harvesters in NE Kansas in June
 - Kansas Food Bank in other areas in later summer
- Who will use the App
 - Best fit for occasional donors caterers, churches, events



USDA Rural Utilities Service Grant

Providing Technical Assistance And Training To Rural Entities To Reduce Food Loss And Find Alternatives To Landfilling Food Waste









Also, coming soon...



Map of Kansas food diversion facilities

Are you aware of facilities in your area of Kansas that accept food-related materials, such as food pantries, animal feed operations, biodigesters, or composting facilities? Email. or call 800-578-8898 to get it added to the map.







Questions?

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Love Letter to Food

